

# The SamCERA Times

RETIRES AND  
BENEFICIARIES  
EDITION

FALL 2013

## Make the Most of Retirement with SamCERA's Free Webinar

Make sure you're on track for a comfortable and secure retirement with SamCERA's free online webinar—from the comfort of your own home! Our popular classes are taught by financial experts and seats fill up fast—so sign up now! Many of our more popular offerings are fully booked in less than a week.

As always, our classes are free of charge for SamCERA retirees and their spouses or partners. Plus, classes are "conflict free," too—this means you won't get a sales pitch from the instructors. What you will

### FREE ONLINE CLASS

#### **Successful Retirement Living** (for those nearing or in retirement)

*Wherever you are, we bring the classroom to you.*



Tuesday, December 10, 2013  
6-8 pm

get is unbiased financial planning advice from experienced professionals.

#### **Successful Retirement Living (for those nearing or in retirement)**

**Where:** Live Online

**When:** Tuesday, December 10, 2013, 6-8 pm

**What you need:** A fast internet connection, like DSL or cable

You can register for classes by calling Colin Bishop, SamCERA Retirement Communications Specialist, at (650) 599-1231, or sending him an email at [cbishop@samcera.org](mailto:cbishop@samcera.org).

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### SamCERA

100 Marine Parkway, Suite 125  
Redwood City, CA 94065  
(650) 599-1234 | (800) 339-0761  
[www.samcera.org](http://www.samcera.org)

## Get the Flu Shot, not the Flu!

Protect yourself against the seasonal flu this year with a safe, effective vaccination.



You are a high-priority for the seasonal flu shot if:

- you have a chronic health condition, like diabetes, asthma, or diseases of the heart, kidney, liver, blood, or immune systems (review with your doctor); or
- you are a resident of a nursing home or long-term care facility; or
- you work in health-care in direct contact with patients ; or
- you live with or care for children less than 5 years of age, or adults 50 years or older, or persons with chronic health conditions (mentioned above); or
- you will be pregnant during the flu season (winter).

*A Message from the San Mateo County Human Resources Department & the Health Department*

Take advantage of your many options to get a flu shot this year.

### Use your Health Insurance.

#### **Blue Shield or Secure Horizons**

**members:** see your doctor to get a flu shot.

**Kaiser members:** check the flu clinic schedule at your nearby Medical Center. The Redwood City Medical Center's Flu Clinic hotline is 299-3888; the South San Francisco's Medical Center Flu Clinic hotline is 742-2900.

Or call toll-free 1-866-573-5811.

### Go to a Health Department Flu Clinic.

Call the Health Department's Flu Hotline at (650) 573-3927 for more information about upcoming community flu clinics near where you work or live. You may also obtain this information on-line at

<http://www.smhealth.org/flu>. \$5 donation requested.

### Get a low-cost flu shot at your local grocery store or pharmacy.

Watch for information at your nearby Safeway, Longs, Walgreen's, or Costco store for special flu clinics offered there.

## SamCERA Holiday Closures

SamCERA will be closed on the following dates through next summer:

- Monday, November 11, 2013 (Veteran's Day)
- Thursday, November 28, 2013 (Thanksgiving)
- Wednesday, December 25, 2013 (Christmas)
- Wednesday, January 1, 2014 (New Year's)
- Monday, January 20, 2014 (Martin Luther King, Jr. Day)
- Monday, February 17, 2014 (President's Day)
- Monday, May 26, 2014 (Memorial Day)
- Monday, September 1, 2014 (Labor Day)



Additionally, SamCERA is closed every Friday.

SamCERA's normal office hours are Monday – Thursday, 7 am – 6 pm.

## Retiree Paydays

These are the dates of the retiree paydays through June of 2014:

October 31, 2013  
 November 29, 2013  
 December 31, 2013  
 January 31, 2014  
 February 28, 2014  
 March 31, 2014  
 April 30, 2014  
 May 30, 2014  
 June 30, 2014

If you receive your benefit via direct deposit, the funds will be transferred on the dates above. If you receive a paper check, the check will be mailed on the business day prior to the date above.

If you move, please sign and return an Address Change Form to SamCERA by the 15<sup>th</sup> of the month in order for your information to be updated for that month's paycheck. Likewise, if you'd like to switch from a paper check to direct deposit, you must fill out and sign a Direct Deposit Form. All forms are available on the SamCERA website.

If you need help finding the right form, you can call SamCERA at (650) 599-1234, or send us an email at [samcera@samcera.org](mailto:samcera@samcera.org).

## What's your email address?

Get on the SamCERA e-mailing list and receive this newsletter directly to your inbox, the day it's published! SamCERA already has email addresses for nearly 1,000 retirees—so add your name to the list today. *Email addresses are confidential and never shared.*

Just send us an email at [samcera@samcera.org](mailto:samcera@samcera.org).

## Investment Earnings

SamCERA's portfolio returned a healthy 13.6% for fiscal year 2012-2013. That number is what SamCERA earned after paying any required investment management fees.

The fund benefitted from the rally in global equity markets to beat SamCERA's policy benchmark return of 12.8%. Comparing SamCERA's portfolio return relative to the policy benchmark is one way of measuring the fund's performance, and it helps SamCERA measure the success of its active investment decisions.

THE SAN MATEO COUNTY RETIRED  
 PERSONNEL ASSOCIATION

# SCORPA

## Joining SCORPA just got easier!

You can now have SamCERA deduct your yearly SCORPA dues directly from your benefits check! This service is available for all new and existing members of SCORPA—the San Mateo County Retired Personnel Association. (*Contact SCORPA or SamCERA for a form.*)

SCORPA is open to all San Mateo County retirees for the annual fee of \$15.

SCORPA is a voice for retirees before the Board of Supervisors, the Retirement Board, and CRCEA (California Retired County Employees Association) in Sacramento.

For general information about SCORPA, please call Sylvia Row at (650) 368-1795, or email: [scorpa09@yahoo.com](mailto:scorpa09@yahoo.com).



100 Marine Parkway, Suite 125  
Redwood City, CA 94065

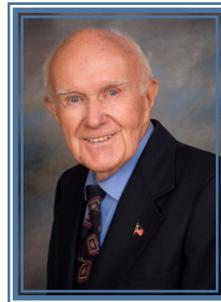
## Retirement Board Elections and Appointments

In June, SamCERA held elections for three seats on the Board of Retirement. Paul Hackleman was reelected to the retiree seat, and Alma Salas was elected as the retiree alternate. Natalie Kwan Lloyd was reelected to the general member seat.

Additionally, Ben Bowler and Michal Settles were reappointed by the Board of Supervisors to their seats on the board.

The terms of office for the newly elected and appointed board members will expire on June 30, 2016.

## In Memoriam: John Murphy



SamCERA notes with sadness that longtime trustee John Murphy passed away following the last meeting of his term earlier this year.

In 2006, Mr. Murphy was the first retiree alternate ever appointed by the Board of Retirement. He was elected to the position in 2007 and again in 2010. He spent many years prior to his appointment attending Retirement Board meetings and supporting his fellow SamCERA retirees.